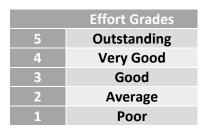
## The Elms Lawn Tennis Club

#### **Success Criteria**

# Red - Level 3 - Improvers





Attainment	
Α	Exceeding
В	Expecting
С	Emerging

#### Success Criteria (A)

Able to hit forehands consistently in to the court using the correct grip and stance from a throw/racket feed and demonstrate topspin at times

Able to hit a consecutive number of backhands using the correct grip and stance from a throw/racket feed

Able to rally with the coach competently

Able to apply good footwork to the ball

Able to serve the ball underarm in to the correct service boxes from the baseline

Able to return a serve and at times recover

Able to understand how to play points with some assistance from the coach

## **Success Criteria (B)**

Able to hit forehands using the correct grip and stance from a throw feed/racket feed

Able to hit backhands using the correct grip and hit from a throw feed/racket feed

Able to travel around the court towards the ball effectively most of the time

Able to serve the ball underarm in to the correct service boxes from the service line

Able to start a rally and hit between 3 – 5 consecutive shots with the coach

Able to play points but with assistance from the coach

## **Success Criteria (C)**

Able to hit forehands using the correct grip from a throw/racket feed

Able to hit backhand from a throw feed and hit a consecutive amount of shots in to the court Able to rally to 2-3 shots with the coach

Able to serve the ball from a drop feed and in to the court and occasionally in to the service boxes from the service line