

Code of Ethics and Conduct – Parents & Carers

We all have a duty of care towards young and vulnerable performers and can help to protect them from abuse. As a parent or carer, you will play a vital part in the development of your child through enhancing their enjoyment and performance in sport.

This can be achieved by:

- identifying and meeting the needs of young people;
- improving their performance through a progressive programme of safe, guided practice, measured performance and/or competition;
- creating an environment in which young people are motivated to maintain participation and improve performance

We therefore expect parents and carers to demonstrate the principles of good ethical practice listed below:

- 1 You must ensure your child has the appropriate equipment, clothing and refreshments.
- 2 You must inform the coach, activity leader or team manager of any special requirements your child has, or any illness, injury, or medical condition, and ensure your child has access to any required medication.
- 3 You must provide the club/organisation with emergency contact details, and inform them immediately should these change.
- 4 You should be punctual when dropping off and collecting your child.
- 5 You should always be encouraging and respectful to participants, coaches, officials, volunteers and spectators. You should set a good example by recognising fair play and applauding the good performances of all.
- 6 You should encourage your child to learn the rules and play within them.
- 7 You should discourage unfair play and disagreeing with officials, and publicly accept officials' judgements.
- 8 You must help your child to recognise good performance, not just results.
- 9 You must never force your child to take part in sport.
- 10 You must never punish or belittle a child for losing or making mistakes.
- 11 You should take an active interest in your child's participation and progress, and help them to enjoy their sport.
- 12 You must use correct and proper language at all times.